

# Trophic position and individual feeding habits as drivers of differential PCB bioaccumulation in fish populations

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- 2 Trophic position and individual feeding habits as drivers of differential PCB

3 bioaccumulation in fish populations.

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## 11 Abstract

12 Despite PCBs being banned since the 1980's, some European peri-alpine lakes, and consequently their 13 fish populations, are still contaminated by these xenobiotics. We investigated the relative contribution of 14 physiological and trophic factors that could be implicated in fish PCB bioaccumulation in Lake Bourget 15 (France), one of the most contaminated in Europe, by collecting Arctic char (n = 55) and European 16 whitefish (n = 89) from 2013 to 2016. Concentrations of 7 indicator PCBs were 9 - 168 ng.g w.w<sup>-1</sup> in 17 whitefish and 90 - 701 ng,g w.w<sup>-1</sup> in Arctic char. The fish trophic positions calculated from  $\delta^{15}$ N values were positively correlated with PCB concentrations ( $r^2 = 0.45$ ; p <0.001). A biomagnification model 18 19 relying on TP and lipid content of fish was then designed, and it confirmed this result. A Bayesian mixing 20 model based on  $\delta^{13}$ C and  $\delta^{15}$ N values was used to estimate the relative contribution of preys in the fish 21 diet, which explained a significant proportion of the biomagnification model residuals (i.e., 17%). 22 Zooplankton consumption was negatively correlated with PCB concentrations, whereas consumption of 23 chironomids enhanced the PCB burden in fish. Correction of the biomagnification model for individual 24 diets of fish increased the correlation between the predicted and measured fish PCB contents ( $R^2 = 0.71$ ; 25 p<0.001), highlighting the importance of fish feeding habits in the bioaccumulation process.

<u>Keywords:</u> biomagnification, Polychlorobiphenyls, peri-alpine lake, Arctic char, whitefish, Bayesian
 mixing model

## 1. Introduction

As in numerous places around the world, some lakes in Europe are still contaminated by polychlorinated biphenyls (PCBs), either from primary sources or from global atmospheric pollution<sup>1-3</sup>. Lake Geneva in Switzerland<sup>4</sup>, and Lake Como<sup>5</sup> and Lake Maggiore in Italy<sup>6</sup> were found to be highly contaminated with PCBs. Of all the subalpine lakes, Lake Bourget is probably the most heavily polluted<sup>7</sup>.

33

Fish PCB exposure has numerous consequences: reduction of their metabolic capacities<sup>8,9</sup>, induction of genotoxic effects<sup>10</sup> and introduction of intersex occurrence<sup>11</sup>. Bioaccumulation of pollutants in fish can occur through two distinct mechanisms. First, bioconcentration describes the accumulation process of water-dissolved compounds via tegumentary and branchial absorption. Second, when the thermodynamic activity of a compound in an organism exceeds its diet, bioaccumulation of the pollutant can be attributed to biomagnification. In contrast to bioconcentration, biomagnification varies with the contamination level of the diet. It depends on the species feeding preferences, increasing with each 41 food-web trophic level<sup>12,13</sup>. Therefore, through biomagnification, predation on contaminated fish can 42 also enhance the PCB burden of the upper trophic food chain<sup>14–17</sup>. Biomagnification of lipophilic 43 compounds such as PCBs has been related to three different factors: (i), the nature of the contaminant 44 itself, commonly quantified by the octanol-water coefficient ( $K_{ow}$ ); (ii) the physiology of the exposed 45 individual, i.e., its lipid content (as fatter fish tend to accumulate more contaminant), body size and age 46 (as the contaminant gets diluted with individual growth), and sex (as spawning could decrease 47 concentration in females)<sup>18,19</sup>; and (iii) trophic factors such as living habitat (i.e., feeding location) and 48 diet preferences<sup>20,21</sup>, food chain length and therefore trophic position (TP)<sup>22</sup>.

49

50 The relative contribution of mechanisms by which contaminants bioaccumulate in fish has been 51 extensively studied but remains quite uncertain in alpine lakes, where environmental conditions (carbon 52 sources, temperature, contaminant concentrations) can greatly differ yearly and seasonally. Some 53 studies could not link PCB levels in fish to any biomagnification processes, as PCB contamination was 54 neither correlated with body size, living habitat nor TP, especially in mountain lakes. Indeed, Catalan et 55 al<sup>23</sup> guestioned the relative importance of biomagnification in contamination of salmonids in high-56 altitude Lake Redo and suggested that bioconcentration could be a significant mechanism for PCB 57 bioaccumulation. Perga et al<sup>24</sup> concluded that PCB contamination may be mainly due to a nontrophic 58 (i.e., bioconcentration) process in Lake Muzelle. In contrast, numerous studies have shown that a 59 contaminated diet was responsible for bioaccumulation in fish in the American Great Lakes<sup>15,25,26</sup> and that contamination levels increased with TP<sup>14,22</sup>. As a lipophilic contaminant, differences in fat content 60 61 result in differences in PCB contamination within the same species<sup>14</sup>. Living habitat and particularly 62 carbon sources (benthic or planktonic) were environmental factors directly linked to discrepancies in PCB contamination between individuals and between species<sup>20</sup> when PCB contamination is heterogeneous 63 64 between trophic habitats. Even though their work did not focus on PCBs, Kahilainen et al.<sup>21</sup> went further 65 and recently showed that ecomorphological divergences in whitefish could be responsible for a large 66 part of the intraspecies variability in mercury bioaccumulation.

67 PCB contamination in our study lake (Lake Bourget), remains considerable today; water concentrations 68 exceed US-EPA guidelines for the protection of aquatic wildlife<sup>27</sup> and highly contaminated sediment. 69 Therefore, Arctic char (Salvelinus alpinus) fishing is prohibited by a prefectural decree, despite being the 70 most emblematic fish species of Alpine lakes<sup>28</sup>. European whitefish (Coregonus lavaretus), the other 71 typical fish of Alpine lakes, represents 90% (91 tons/year) of the fish caught in Lake Bourget since 2014 72 (S. Cachera, personal communication 2017). These species feed from pelagic and littoral food-web and are suspected to venture into the benthic zone<sup>29</sup>, which make them vulnerable to PCB biomagnification, 73 74 possibly to different extents. For these reasons, Arctic char and whitefish were identified as the most 75 relevant species to investigate for the research hypothesis of the present study. Herein, we assumed that 76 biomagnification necessarily implies that fish PCB contamination can be related to fish physiological and 77 trophic parameters, i.e., under the biomagnification hypothesis, interspecies, interindividual and 78 interannual PCB contamination levels shall be determined by (i) physiological parameters (body size or 79 lipid content), (ii) living habitat (determined from carbon isotope composition  $\delta^{13}$ C), or (iii) fish TP 80 (estimated from nitrogen stable isotope composition  $\delta^{15}N$ ). We investigated the potential importance of 81 the fish feeding habits<sup>30,31</sup> (different foraging behavior leading to a differential use of carbon sources) on 82 the interindividual variability of the PCB burden. Finally, we strove to highlight how a combination of 83 those parameters could result in important PCB contamination discrepancies in fish from a single lake.

84

## 85 2. Material and Methods

### 86 **2.1 Study site:**

87 Lake Bourget is located on the northwest edge of the French Alps. It is the largest natural lake in France, 88 with a surface of 44 km<sup>2</sup>, a length of 18 km and a width of between 1.6 and 3.5 km, for a mean depth of 89 85 m (maximum: 145 m). Lake Bourget is a meso-oligotrophic lake with a mean temperature of 14.7°C 90 and 4.5 to 10.1 mgO2.L<sup>-1</sup> of dissolved oxygen at 140 and 2 meters depth, respectively. Its pH is 8.3 and 91 the conductivity is 299 µs.cm<sup>-1</sup> for the period 2015-2017<sup>32,33</sup>. PCB inputs are mainly due to a point source 92 located upstream on the Tillet River, which was contaminated from 1930 to 1987 by an electrical 93 transformer factory using Pyralène™. Despite the cessation of the industrial activity and the recent clean-94 up of the downstream section of the river from 2012 to 2014, Lake Bourget is still contaminated. Even 95 though contamination decreased in the last decades, superficial sediments remain polluted with a mean 96 indicator PCB concentration (sum of PCB 28, 52, 101, 118, 153, 138, 180) of 12.1 ± 6.4 ng.g<sup>-1</sup> d.w, with 97 yet heterogeneous contamination of the lake, reaching 113 ng.g<sup>-1</sup> d.w at the Tillet River outlet (Fig. S1). 98 Consequently, the lake water still exceeds the USEPA recommended maximum concentration of 170 99 pg.L<sup>-1</sup> for the protection of aquatic wildlife<sup>27</sup>, with a mean dissolved  $\Sigma$ 7PCBi concentration of 322 ± 102 100  $pg.L^{-1}$ .

## 101 **2.2 Processing:**

#### 102 <u>2.2.1 Sampling and preparation of organisms</u>

103 European whitefish (n = 89) and Arctic char (n = 55) were collected from 2013 to 2016 using net fishing 104 (fish physiological characteristics can be found in Tab S1). The two species are suspected to be mobile in 105 the water body, and exact locations were not reported. Diverse stomach content analyses (i.e., 106 volumetric and qualitative estimations) punctually performed on fishes obtained from recreational and 107 professional fishers revealed that the two fish species shared common prey in the lake, such as aquatic 108 insects and zooplankton, with some piscivory also detected for Arctic char (data not shown). 109 Consequently, similar resources were considered as possibly supporting whitefish and Arctic char in Lake 110 Bourget: littoral (i.e., -2 m to -5 m in depth) and deep (i.e., -20 m and -40 m in depth) chironomids larvae, 111 zooplankton (i.e., composite samples of *Daphnia* sp. and *Bythotrophes* sp.) plus young-of-the-year (yoy) 112 perch for Arctic char. Yoy perch (5-7.5 cm) were caught in the pelagic compartment at approximately 15 113 m in depth. Chironomids (n = 48) were collected at two depths (2-5 m and 20-40 m) in September 2015 114 using an Ekmann grab and sieved using a 500- $\mu$ m net. Zooplankton (n = 14) were sampled alongside with 115 a 50- $\mu$ m net at the depth range of 0-20 m. 116 All samples were transferred to the laboratory in a cooling box and immediately processed or stored at -

117 18°C until further analysis. Organism processing has already been described previously<sup>34</sup>. Briefly, fish 118 were dissected and filets ground using Ultraturax (3000 rpm). The same process was applied to 119 chironomids with the whole organism. Five g of filet (1 g of chironomids) were spiked with an internal 120 standard (PCB 116-d5), and an appropriate amount of anhydrous sodium sulfate (Na<sub>2</sub>SO<sub>4</sub>) was added for 121 water removal. PCB extraction was performed in heptane/acetone mixture (75:25 v/v) for 1 h at 45°C in 122 an ultrasonic bath. The solvent mixture was removed and the extraction procedure repeated once. 123 Extracts were then purified on an SPE cartridge loaded with silica (previously acidified with H<sub>2</sub>SO<sub>4</sub> to 124 ensure lipid elimination of the extract) using a heptane/dichloromethane mixture, concentrated with 125 TurboVap II and resuspended in 500 µL of heptane. The lipid content in the fish filets were determined 126 for every sample. After the PCB extraction procedure above-mentioned and before the purification step, 127 5 mL of the extract was transferred in a pre-weighted vial and evaporated under a gentle stream of 128 nitrogen until steady weight. The mass collected in the vial corresponded to lipids and was ultimately 129 used for calculation of lipid content in the fish filets.

### 130 <u>2.2.2 Chemicals</u>

Heptane, acetone, dichloromethane and methanol were HPLC quality and purchased from Carlo Erba. Anhydrous sodium sulfate was purchased from Fisher Chemical (analytical reagent grade). Silica gel 60 (70-230 mesh) for column chromatography was from Merck. Copper was activated with 10 mL of sulfuric acid 1N (Chimie-Plus) and then rinsed three times with Milli-Q water to neutral pH and, subsequently, with acetone for water removal. Standard mixture of indicator PCB congeners (28, 52, 101, 118, 138, 153, 180) at 100 µg.mL<sup>-1</sup> in iso-octane and internal standard PCB 116-d5 at 100 µg.mL<sup>-1</sup> in iso-octane were purchased from Cluzeau Info Lab (France).

### 138 <u>2.2.3 PCB analysis</u>

139 All PCB solutions were analyzed using a Gas-Chromatography Clarus 580 from Perkin-Elmer with a 140 nonpolar fused silica capillary column Optima® HP-5-MS accent 30 m x 0.25 mm from Machery-Nagel®, 141 coupled with a Pulsed Discharge Detector in photoionization mode (Vici®). The samples were injected in 142 split/splitless mode at 300°C. Helium was used as the carrier gas (1.0 mL.min<sup>-1</sup>). After injection, the oven 143 temperature was set at 60°C for 1 min, and it was increased gradationally at 10°C/min to 240°C and at 144 5°C/min to 320°C and kept steady for 5 min. Quantification was ensured for the 7 indicator PCB 145 congeners (PCB 28, 52, 101, 118, 153, 138, 180), because they represent a vast majority of the 146 compounds found in Pyralene® mixtures commercialized in France<sup>35</sup>. Calibration curves were established 147 with authentic standards, and PCB 116-d5 was used as the internal standard (Fig. S2). Extraction yields 148 for each PCBi are presented in Tab. S2 but were not used for result correction; normalization to PCB116-149 d5 values spiked before extraction accounted for extraction correction. Detection limits were 150 determined as the mean response + three times the standard deviation of procedural blanks for each 151 PCBi (Tab. S3). These concentrations were subtracted from the samples concentrations to avoid false 152 positives.

#### 153 <u>2.2.4 Stable isotope analysis</u>

154 After sampling and dissection, fish filets, chironomids and zooplankton were dried at 50°C, ground into 155 fine powder using a mortar and pestle and kept in tin capsules away from humidity prior to isotopic 156 analysis. Samples in tin capsules were sent to SINLAB (NB, Canada). One mg was analyzed on a Finnigan 157 Delta Plus mass spectrometer coupled with a Conflo II NC2500 Elemental Analyzer for  $\delta^{13}C$  and  $\delta^{15}N$ 158 quantification. Samples were calibrated against 7 plant and animal laboratory standards covering a wide range of  $\delta^{13}$ C and  $\delta^{15}$ N values (i.e., from -35.08‰ to -13.25‰ and 0.02‰ to 16.14‰, respectively). 159 160 Three replicates for each sample were run. The precision values of the C and N isotope analyses were 161 <0.2‰.

## 162 <u>2.2.5 Statistical analysis</u>

All statistical tests were performed using the OriginPro 8 SR0 software and R 3.5.0 software. All data were tested for normality using the Shapiro test and, if appropriate, for homoscedasticity using the Bartlett test. When appropriate, data were log-transformed to ensure normality and homoscedasticity. Differences in fish PCB concentrations and fish size, lipid content,  $\delta^{15}N$  and  $\delta^{13}C$  between year and season were tested using an ANOVA or the Kruskal-Wallis test. Post hoc comparisons were performed using Tukey's honest significant difference (HSD) or Dunnett tests. The relationship between fish PCBi concentrations and the measured parameters (size, lipid content,  $\delta^{15}N$  and  $\delta^{13}C$ ) were tested using

170 Pearson correlations for normal variables or Spearman correlations otherwise.

## 171 **2.3 Modeling:**

#### 172 <u>2.3.1 Resource contributions</u>

173

174 Bayesian mixing models (BMM) based on a Markov chain Monte Carlo simulation were used to assess 175 prey contributions to the diet of the two species at an individual level. BMM offer the opportunity to 176 account for the uncertainty (i.e., standard deviations) of the different data involved in the computation 177 (i.e., isotope composition of prey, trophic fractionation, elemental concentration) and provide robust 178 and accurate estimates of prey contributions to fish diets. The different resources considered as possibly 179 supporting whitefish and Arctic char in Lake Bourget were littoral (n = 16) and deep (n = 26) chironomids, zooplankton (n = 14), plus yoy perch (n = 15) for Arctic char.  $\delta^{15}$ N and  $\delta^{13}$ C isotopic values were used for 180 181 computations. The trophic fractionations retained for carbon and nitrogen were those widely reported in the literature<sup>36,37</sup>:  $\Delta \delta^{13}$ C = 0.8 ± 1 sd and  $\Delta \delta^{15}$ N = 3.4 ± 1 sd. The computation of the Bayesian mixing 182 models were performed using the R package simmr<sup>38</sup> and considered 1.10<sup>4</sup> iterations, four Markov 183 184 chains and a burn-in period of 10<sup>3</sup>. Seasonal variability may bias prey contributions to fish diets, 185 especially for short-lived prey. To account for this possible bias, BMM were also performed (data not 186 shown) by increasing the standard deviation of zooplankton by 2 and 4 (i.e., to mimic possible seasonal 187 variability of their isotopic values) which led to minor (i.e., a few percent) and nonsignificant (i.e., 188 Kruskal-Wallis tests, p > 0.4) changes in zooplankton contributions to the fish diets. Consequently, the 189 prey contributions estimated from the BMM were poorly affected by changes in the spread of their 190 isotopic values that would be expected if prey sampling would account for different seasons.

191 Salmonid muscle can exhibit high lipid contents that are typically <sup>13</sup>C-depleted and may alter the  $\delta^{13}$ C 192 values of their dorsal muscle<sup>39</sup>. Consequently,  $\delta^{13}$ C values for both whitefish and Arctic char were 193 corrected according to Post et al.<sup>39</sup>, considering the sample C/N ratio to estimate lipid content in the 194 sample used for isotopic analysis following equation 1:

$$196 \qquad \delta^{13}C_{corrected} = \delta^{13}C_{measured} - 3.32 + 0.99 \times CN_{ratio}$$
(1)

197

# 198 2.3.2 Trophic position 199

The estimations of the trophic position at an individual level were performed based on the  $\delta^{15}N$  values of the different preys weighted by their respective contributions to individual fish diets estimated by the BMM, as suggested by Post<sup>40</sup>. This approach enabled estimates of the trophic position of each whitefish (TP<sub>WFind</sub>) and Arctic char (TP<sub>ACind</sub>) individual according to equations 2 and 3, which generalized the initial formula of Vander Zanden<sup>37</sup> for multiple baselines:

206 
$$TP_{WFind} = \left[\delta^{15}N_{WFind} - (\alpha_{zoo} \times \delta^{15}N_{zoo} + \alpha_{invdeep} \times \delta^{15}N_{invdeep} + \alpha_{invlitto} \times \delta^{15}N_{invlitto})\right] / 207 \qquad 3.4 + \overline{TP}_{resources}$$
(2)

205

 $\begin{array}{ll} 209 & TP_{ACind} = [\delta^{15}N_{ACind} - (\alpha_{zoo} \times \delta^{15}N_{zoo} + \alpha_{invdeep} \times \delta^{15}N_{invdeep} + \alpha_{invlitto} \times \delta^{15}N_{invlitto} + \\ 210 & \alpha_{perch} \times \delta^{15}N_{perch})] / 3.4 + \overline{TP}_{resources} \end{array}$   $\begin{array}{ll} (3) \end{array}$ 

211

with  $\delta^{15}N_{WFind}$  or  $\delta^{15}N_{ACind}$  as the  $\delta^{15}N$  values of individual fish, and  $\alpha \times \delta^{15}N$  as the product of the proportions of the different resources to their  $\delta^{15}N$  values. The mean trophic position of resources (i.e.,  $\overline{TP}_{resources}$ ) of whitefish was 2, because zooplankton and invertebrate are typical primary consumers.  $\overline{TP}_{resources}$  of Arctic char was 2.125, because yoy perch is considered to have a trophic position of 2.5.

At a population level, the mean trophic positions for the two fish species were compared to those estimated from a Bayesian framework recently developed by Quezada-Romegialli et al.<sup>41</sup> to ensure the

robustness of the results and support their trophic differences. This Bayesian approach considers the

219  $\delta^{13}$ C and  $\delta^{15}$ N values of both whitefish and Arctic char, as well as those of their putative prey. The trophic

220 fractionations of  $\delta^{13}$ C and  $\delta^{15}$ N consisted of a vector of 188 simulated trophic fractionations (i.e., equal 221 length of the total number of isotope data for the two fish species) following a normal distribution with 222 the same mean and standard deviation as the BMM. Bayesian trophic positions were computed using 223 the R package tRophicposition<sup>41</sup> considering 2.10<sup>4</sup> iterations and four Markov chains. In the model 224 current implementation, consideration of more than two different baselines was not possible, while the 225 two species feed at least on three or four different main resources. To be consistent in the computation 226 of the trophic position for the two species, the two different baselines considered were zooplankton 227 (i.e., pelagic resource) and deep invertebrates (i.e., benthic resource), since these resources had the 228 highest contributions according to the BMM and accounted for the main differences in the  $\delta^{15}$ N values of 229 the resources.

230

# 231 <u>2.3.3 Biomagnification model</u>232

Total PCB concentrations in fish muscle used in our model were estimated as twice the measured Σ7PCBi in our samples<sup>42</sup>. As we expect that fish physiology, feeding habits and bioaccumulation mechanisms should not differ among years and remain similar overtime, one single biomagnification model was built for the period 2013-2016. The biomagnification model was built considering TP, measured lipid contents and their putative interactions from every individual fish of both species together as follows:

239 
$$\log_{10} PCB_{estimated} = \alpha \times TP + \beta \times lipid content + \gamma \times (TP \times lipid content)$$
 (4)

with  $\alpha$ ,  $\beta$  and  $\gamma$  as the regression coefficients estimated by the model and TP estimated from equations 242 2 and 3.

243

240

To examine individual data more precisely, the residuals were extracted (i.e., equation 5) and could help highlight the different processes of contamination. Specifically, negative residuals would indicate lower contamination than expected, whereas positive residuals would indicate higher contamination than expected.

248

$$249 \quad Residuals = \log_{10} PCB_{obs} - \log_{10} PCB_{estimated}$$
(5)  
250

To identify the origin of these different processes (i.e., under and over contamination), residuals were modeled as a function of the different common resource contributions shared by the two species previously estimated using the BMM (i.e., equation 6), which could highlight the influence of prey type on the variability of fish contamination levels.

256 Residuals = 
$$f(a \times \alpha_{zoo} + b \times \alpha_{invdeep} + c \times \alpha_{invlitto} + \varepsilon)$$
 (6)  
257

The difference in the proportions of preys in the diet of the different individuals could reflect specific feeding habits (i.e., FH). Consequently, equation 6 could also be formulated as follows:

260 261

262

255

Residuals = 
$$f(FH + \varepsilon)$$
 (7)

Following these different steps, equation 8 provided a general formulation of the PCB concentration in the different fish muscles at an individual level accounting for the generic biomagnification (i.e., log<sub>10</sub>PCB<sub>estimated</sub>) refined by a correction considering the individual feeding habits of the fish (i.e., FH):

$$267 \quad \log_{10} PCB_{obs} = \log_{10} PCB_{estimated} + FH + \varepsilon$$

(8)

- 268
- 269

# 270 3. <u>Results and discussion</u>

271

## 272 **3.1** Temporal, interspecies and interindividual variability in PCB contamination:

Arctic char was significantly more contaminated than whitefish (Fig. 1), both when wet weight and lipidnormalized concentrations were considered (t-test, p <0.0001 for both tests). In light of the relationship between lipid content and PCBi contamination ( $r^2 = 0.52$ ; p <0.001) and of the important discrepancies regarding lipid contents between both species (i.e., mean lipid composition of 3.2% for whitefish and 8.9% for Arctic char, Tab. S1), only lipid-normalized PCBi concentrations in fish were considered thereafter. Interspecies and interindividual PCBi profiles were consistent between years, with a major contribution (i.e., 80%) of heavy PCBi (Fig. S3).

280 Differences were observed between years for both species (ANOVA,  $F_{3,51}$  p<0.05 for Arctic char and  $F_{2,76}$ 281 p<0.05 for whitefish (Fig. 1)). Combining our data with data from 2008 from the French PCB follow-up 282 program<sup>43</sup> emphasized the important decline of lake fish contamination due to the clean-up of the Tillet 283 River between September 2012 and December 2013. Subsequently, a steady level of contamination was 284 observed for both species.

Within both species, the interindividual variability of the PCBi concentrations was large (standard
 deviation of normalized PCBi concentration was 54% and 52% for whitefish and Arctic char, respectively).
 Those results encouraged us to determine the relative importance of trophic and physiological

- 288 parameters potentially implicated in such interindividual variability.
- 289

## **3.2** Physiological parameters and relationship with PCBi contamination:

291 For both species, no strong relationship could be drawn between the physiological fish parameters (size 292 and age) and the PCB contamination (data not shown). Fish physiology appeared to be different between 293 both species. The relatively narrow range of sizes (255 mm – 480 mm) and ages (1 year – 5 years) for the 294 target fish species sampled might be a reason behind the lack of a relationship with PCBs. A lack of 295 increasing PCB contamination with size was observed by Olsonn et al. in small perch (<20 cm) in a Latvian 296 lake<sup>44</sup>. An absence of contaminant-size relationship was also found for rainbow trout in Lake Michigan<sup>45</sup>. 297 Metabolism of PCBs and elimination rates did not differ between Arctic char and whitefish since PCB 298 profiles and particularly metabolizable PCB (PCB 28 and PCB 52) percentages were very similar for both 299 species (Fig S3).

300

## **301 3.3 Trophic plasticity of Arctic char and whitefish:**

302 Overall the two fish species had relatively similar  $\delta^{13}$ C values, ranging from -34 ‰ to -31 ‰. Mean 303 annual  $\delta^{13}$ C values showed significant variabilities between years (one-way ANOVA, F<sub>3,51</sub> = 5; p <0.01 and 304 F<sub>2,76</sub> = 32; p <0.001 for Arctic char and whitefish, respectively). Arctic char had a higher  $\delta^{15}$ N than 305 whitefish (mean value of 15.7‰ and 13.7‰, respectively, Wilcox test p<0.0001) confirming a piscivory 306 behavior resulting in a higher trophic status. The isotopic measurements for the different resources 307 considered to be consumed by whitefish and Arctic char did not overlap, although zooplankton and yoy 308 perch exhibited lower variability than the benthic invertebrates (Fig. 2). The main differences in the 309 isotopic compositions of these resources lay in their different  $\delta^{15}N$  values, with pelagic resources (i.e., 310 zooplankton and yoy perch) enriched by approximately 6 % compared to benthic resources.

The BMMs applied at an individual level highlighted similar general patterns for the two fish species, with a dominant contribution of zooplankton followed by deep invertebrate, while the littoral invertebrates had a low although nonnegligible contribution (Fig. 3). For Arctic char, yoy perch appeared as a nonnegligible resource, approaching the deep invertebrate contribution.

315

316 The interindividual variability in resource contribution was substantial for both species, although it was

- 317 higher for Arctic char than for whitefish regarding the two main resources (i.e., zooplankton and deep
- 318 invertebrates). The standard deviations of the zooplankton contribution were 13% and 11%, and they
- 319 were 31% and 13% in the deep invertebrate contribution for Arctic char and whitefish, respectively.
- 320

The TP calculated according to Post<sup>40</sup> was significantly higher for Arctic char than for whitefish (Wilcox test, p < 0.01), with a mean TP of  $3.21\pm0.09$  for whitefish and  $3.48\pm0.13$  for Arctic char (Fig. S4 A, B). Whitefish and Arctic char exhibited similar TP ranges of approximately 0.4, although one Arctic char individual had an especially high TP of 4.04. No significant relationship could be identified between TP and fish size (ANOVA, p > 0.05 for both species, Fig. S4 C, D). Bayesian inferences provided highly similar results to Post's estimates for TP statistics at a population level, with mean TP of  $3.28 \pm 0.37$  for whitefish and  $3.58 \pm 0.48$  for Arctic char (Fig. S4 E).

328

## **329 3.4 Trophic parameters and relationship with PCBi contamination:**

 $\delta^{13}$ C and TP were not correlated (r<sup>2</sup> = 0.18; p > 0.05 and r<sup>2</sup> = 0.03; p > 0.05, respectively) with PCBi concentrations in whitefish for all samples considered (Fig. 4). A finer analysis for each year was performed and showed the same negative results (Fig. S5 and S6). The same analyses were performed for Arctic char, and both trophic parameters  $\delta^{13}$ C and TP were unrelated to PCBi concentrations (r<sup>2</sup> = 0; p > 0.05 and r<sup>2</sup> = 0.22; p > 0.05, respectively) (Fig. 4). For whitefish, advanced testing of different years did not show any correlation (Fig. S5 and S6).

336 As in our study, a lack of intraspecies relationships between PCB concentrations and TP was also 337 observed in Salmonids from the Great Lakes<sup>13,46</sup>. The authors hypothesized that this could be related to 338 the trophic structure and dynamic of the food web. Vander Zanden et al.<sup>13</sup> found that in a short-length 339 food chain, no relationship between PCB concentrations and TP were observed in Lake Trout. However, 340 our data showed that TP and PCB concentration data were correlated ( $r^2 = 0.45$ ; p <0.001) when both 341 species were examined together, with an increase of the PCBi contamination with trophic position. This 342 followed the findings of Vander Zanden et al.<sup>13</sup>, for which an increasing range of TP values could also 343 enable the observation of a positive relationship between TP and PCB concentrations. The increase of 344 PCB concentrations with TP could be an indicator of the biomagnification process. The Trophic 345 Magnification Factor (TMF) is a reliable metric to assess biomagnification (i.e., TMF > 1) in aquatic food 346 webs<sup>47</sup>. TMF can be determined as the regression slope of the following equation: log[PCB] = aTP+b. In 347 our study, a TMF value of 1.8 confirmed biomagnification.

At least two parameters (lipid content and TP) seem to account for a significant part of the PCB variability in fish. To clear up the different processes involved and the relative importance of biomagnification in fish contamination, we built a model to which our data were compared.

351

## 352 **3.5 Data comparison with a biomagnification model:**

353 This model was based on the correlation described by Vander Zanden et al.<sup>13</sup>, taking into account TP and 354 lipid content. It enabled to estimate PCB concentrations in fish (a comparison between our model and 355 the model of Vander Zanden et al.<sup>13</sup> can be found in Fig. S7). PCB concentrations of fish individuals were 356 estimated and compared with the measured PCB values (calculated as twice the measured S7PCBi 357 concentration, see above). The biomagnification model using TP and the lipid content exhibited high 358 performance ( $r_{adi}^2$  = 0.64, Fig. 6A). Ordering the residuals of the biomagnification model enabled us to 359 highlight possible differences in contamination mechanisms (Fig. 5). A large proportion of Arctic char 360 (i.e., 64%) tended to have positive residuals, indicating that they were more contaminated than 361 predicted by the model. In contrast, 58% of whitefish exhibited the opposite patterns (i.e., less 362 contaminated than predicted).

- 363 The origin of the individual differences between measured contamination and modeled contamination 364 (i.e., model residuals) was investigated regarding the different resources shared by the two species, 365 which reflected their feeding habits. The fitted linear model shown in equation 7 indicated that the three 366 shared resources could explain a significant proportion of the residuals of the biomagnification model 367  $(r_{adi}^2 = 0.17, p < 0.001)$ . The model estimates provided important insights in the way the different 368 resources could influence fish contamination. Both zooplankton and deep invertebrates were 369 characterized by negative estimates suggesting that an increasing contribution of these resources would 370 lead to lower contamination (PCB concentration in zooplankton was not measured in this work). In 371 contrast, littoral invertebrates were associated with positive estimates, indicating that this resource may 372 support positive residuals; that is, there were higher PCB concentrations than expected ( $\Sigma$ 7PCBi 373 concentration of chironomids decreased from 541 ± 378 ng.g w.w<sup>-1</sup> at the outlet of the Tillet River in 374 2015 down to 41 ± 30 ng.g w.w<sup>-1</sup> at -20 m to -40 m).
- Predicted contamination of the biomagnification model associated with corrections for feeding habits indicated that most Arctic char (i.e., 78%) had positive corrections, while most whitefish (i.e., 78%) had negative corrections (Fig. 5). This result suggested that the feeding habits of fish may partly explain the discrepancies between observed and predicted PCB concentrations. Specifically, feeding habits of fish would tend to increase the predicted concentrations of the biomagnification model for Arctic char and decrease those predicted for whitefish.
- 381 The biomagnification model provided valuable information regarding the general variables responsible 382 for PCB variability in fish muscles. Nonetheless, the complementary corrections for individual feeding 383 habits allowed even more accurate predictions ( $r_{adj}^2 = 0.71$ ), which may be especially important considering the log10-scale (Fig. 6B). This was exemplified by the three highest concentrations in Arctic 384 385 char (i.e., boxes in Fig. 6), for which the residuals were the most penalizing on a log<sub>10</sub>-scale. For these 386 individuals, the biomagnification model alone showed a mean difference between predicted and 387 measured PCB concentrations of  $637 \pm 55 \text{ ng.g}^{-1}$ , while once the feeding habits correction is applied, the 388 difference decreases down to 253 ± 83 ng.g<sup>-1</sup>.
- Altogether, the lipid content and trophic position accounted for a large part of the variability in the PCB contamination in fish from Lake Bourget. Our modeling, including correction for feeding habits, allowed us to account for significant complementary PCB variations not accounted for by the lipid content or trophic position and highlight that some fishes (mainly Arctic char) were highly contaminated due to feeding on benthic littoral invertebrate, whereas less contaminated fish (mainly whitefish) fed predominantly on zooplankton.
- 395
- 396 Intraspecies specialization in aquatic animals has been an emerging topic of interest the past few years<sup>30</sup>.
- 397 Numerous studies have shown that ecological specialization could occur in fish<sup>31,48</sup>. Arctic char ecology is
- 398 extremely difficult to encompass, because the intrapopulation variability of diverse aspects (morphology,
- 399 feeding strategies, life-history strategies) can be complex<sup>49,50,48</sup>. Similarly, whitefish was also proved to

exhibit various morphs in the lacustrine systems<sup>52-54</sup>. Recently, Kahilainen et al.<sup>21</sup> showed that 400 401 ecomorphological divergence could be responsible for differential mercury bioaccumulation in whitefish. 402 Moreover, fish respiratory capacity can vary between species and also between individuals<sup>55,56</sup>, leading 403 to possible difference in PCB metabolism rates. Therefore, intra and interspecies variation in PCB 404 bioaccumulation could be partially explained by intra and interspecies physiological differences at the 405 gills level. Hence, the diversity of behaviors and morphology potentially encountered for the same 406 population could be partly responsible for the large span of PCB contamination observed, as different 407 individuals could develop in high or low contamination environments in Lake Bourget.

408 Altogether, our results suggested that trophic parameters have a significant effect on PCB contamination 409 variability between Arctic char and whitefish. Within species, feeding habits were shown to be 410 responsible for a substantial part of the PCB burden. This study emphasized the importance of the 411 feeding habits in the bioaccumulation process for Arctic char and whitefish in Lake Bourget.

412 Modeling or empirical studies based on the prediction of fish PCB burden according to the environmental 413 compartment PCB concentration (water, sediment) are useful tools for managers. However, it should be 414 kept in mind that considerable inter- and intraspecies variability exists that can be partly related to 415 feeding habits. Consequently, estimates can greatly differ from actual measured values, especially in the 416 most contaminated organisms, which are particularly concerning per safety guidelines. Therefore, as 417 recently stressed by Mackay et al.<sup>57</sup>, caution should be taken when using models for regulatory purposes 418 and field monitoring accounting for inter- and intraspecies variability, and spatial variability seems to 419 remain a reliable way to assess the ecological state of lacustrine ecosystems. Field monitoring should 420 include sampling of at least 7 fish per target species, as suggested by Amiard et Al.<sup>58</sup>, and it should be 421 performed seasonally at several locations and depths within the lake in order to account for feeding 422 habits and to prevent biases resulting from seasonal and spatial fish contamination.

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- 427

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# 432 Supplementary material

433 Sediment sampling locations and associated congeners profile; example of chromatogram in ECD-PDID 434 mode; whitefish and arctic char physiological characteristics; extraction yields and detection limits for 435 the different matrices; mean PCB concentration and mean fish 7 indicator PCB congeners repartition; 436 trophic positions determined with frequency; plots with yearly relationships between  $\delta^{13}$ C and TP with 437 PCB concentration; bayesian approaches and relationship between biomagnification model developted 438 in this study and Vander Zanden and Rasmussen (1996) model.

- 439
- 440 **References**
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Figure 1: Boxplots of whitefish a) and b), and Arctic char c) and d) wet weight and lipid-normalized PCBi contamination. Letters are used to show statistically significant differences.



Figure 2: Isotopic space  $\delta^{13}$ C- $\delta^{15}$ N showing the different isotopic measurements. A) Actual isotopic data, and isotopic values for B) whitefish and C) Arctic char corrected for isotopic fractionation, highlighting their embedding within isotopic values of putative preys (i.e., 96% and 89% of isotopic embedding for Arctic char and whitefish, respectively, when considering the standard deviation of ±1‰ for trophic fractionation). Vertical and horizontal lines in B) and C) indicate standard deviations of the isotopic values for the different resources considered in Bayesian mixing models.



Figure 3: Barplots representing the proportions of the different resources consumed by each individual for the two fish species inferred from the BMMs. For whitefish, barplots represent A) contribution of zooplankton, B) contribution of deep invertebrates and C) contribution of littoral invertebrates. For Arctic char, barplots represent D) contribution of zooplankton, E) contribution of deep invertebrates, F) contribution of littoral invertebrates and G) contribution of yoy perch. Numbers in brackets indicate the mean ± sd for the different resources.



Figure 4: Plots of  $\delta^{13}$ C (a) and TP (b) vs  $\Sigma$ 7PCBi concentration for Arctic char (•) and whitefish (•).



Figure 5: Individual residuals of the biomagnification model ranging from positive to negative residuals, representing a gradient of over- to undercontamination.



Figure 6: Biplot of A) the relationships between the predicted PCB concentrations by the biomagnification model (i.e., equation 4) and the measured total PCB concentrations and B) the relationships between the predicted PCB concentrations inferred by the biomagnification model corrected by the individual feeding habits (i.e., equation 8) and the measured total PCB concentrations. Boxes indicated the most important corrections applied to three Arctic char individuals.

